

Oxford Aspies

A social group run *by Aspies for Aspies*

Oxford Aspies is an informal social group for people aged 18 years and over who have (or think they probably have) Asperger's Syndrome or high functioning autism.

The group is run by the members, there are no staff. It aims to be a relaxed and informal place for people to meet others who may have similar interests and difficulties. There is the option of having a drink and something to eat if desired. All decisions about the group are made by the group, via discussion and feedback.

Please note the group is **not** staffed – volunteers attend to help members socialise but are not responsible for members, do not provide 1:1 support, do not provide support outside of the group, and do not run the group.

When and Where We Meet

The group meets on the **second and fourth Monday** of every month, at **5:45pm – 7:30pm**, at **The King's Arms** pub on Holywell Street in Oxford city centre (the pub is on the corner of Holywell Street and Parks Road, approximately 80 metres/1 minute walk from Blackwells bookshop and the Sheldonian Theatre on Broad Street). We meet in the **Wadham Room** – the small room on your left as you enter the main entrance to the pub. The room is reserved for us. You can visit anytime during 5:45pm – 7:30pm.



General Information

- The meetings are informal, run by adults with Asperger's Syndrome, and **not staffed**.
- All attendees must be able to get to the pub, and back home, either on their own or make arrangements with family, friends or support workers to support them.
- The group meets in the pub from 5.45pm until 7.30pm. You are welcome to stay longer with agreeing members, but make sure you have transport to get back home.
- The volunteers who help support the meetings try to make sure that everyone is included and has an enjoyable time. If there is anything that you think would be helpful for someone to know to help you enjoy the meeting, please let a volunteer know.
- Transport is not provided - please make sure you can get to & from the pub safely.
- If you wish to buy any food or drink please remember to bring sufficient money.
- The group occasionally arranges optional activities such as bowling, ice-skating, going for a meal or cinema.

Attending the group

At the first few meetings you may wish to bring a relative, friend, or support worker to help you feel more comfortable.

Please note:

- Sessions on the fourth Monday of the month tend to have less people and are quieter.
- If the group dates falls on a May or August Bank Holiday Monday the group generally continues to meet, but there tends to be no volunteers.

For more information visit our website: <https://sites.google.com/site/oxfordaspiesite>

If you would like to discuss the group with someone please contact:

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