



Summer Activities

for **8-18 year olds** with **Aspergers Syndrome**
or **High Functioning Autism**

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Our Summer Holiday fun activities are back! Activities are fully staffed so parents/carers are not required to stay. **Please Note:**

- Our staff:child ratio is approx **1:4**. **If your child requires more support please contact us** before booking.
- Children must be dropped off and collected from all Activities at the stated venues
- We have **strict** age restrictions - participants **must be** the correct age at the time of the event.
- The stated arrival/drop off time is when registration will begin. Our staff become responsible for young people **after** registration – if you arrive early please supervise your child and wait to register.

Bookings Please complete the **attached Booking Form**.

Receipt of Bookings will be acknowledged **AFTER** payment and a **fully completed Booking Form has been received**.

Final confirmation of places will be sent AFTER the closing date on Friday 19th June 2015.

If you have queries or special arrangements regarding payment please let us know as soon as possible.

IMPORTANT note about MEDICATION - If **whilst attending** our Activities your child will need any medication which *may* require action/intervention/storage by our staff, e.g. Diabetes, medication for ADHD, epilepsy, please **let us know ASAP** so we can organise staff training. Attendance will not be permitted if our staff are unable to receive training in good time, or we were not made aware of medical needs.

The Closing Date for bookings is Friday 19th June 2015 – Please BOOK EARLY as activities are usually fully booked! We prioritise early bookings as much as possible. If you have any queries or need help to complete the Booking Form, please contact:

Judith by Email: info@afso.org ☎ 01844 338696 (Monday-Wednesday term time only)

Possible funding for Summer Holiday Activities

Short Breaks funding *may* be available to help fund activities and could *possibly* pay fees as well as transport for those on low income/benefits. Please contact **Pauline Mackinnon** at the Oxfordshire Family Information Service for more information on 08452 262636, (or 01865 328580 which may be cheaper from a mobile) or Email: fis.enquiries@oxfordshire.gov.uk There may be some funding available for transport. For more information please contact the Oxfordshire Travel Hotline on 0845 310 1111 or www.oxfordshire.gov.uk/cms/content/community-transport

Other Activities in & around Oxfordshire






Over the Summer there are a number of other groups who run activities. Please see our Fact File which can be downloaded from our [website](#) which lists many of these organisations. If you are on our emailing list you will also be notified if we receive information about such events, courses and activities whenever possible.







Also check out the Oxfordshire County Council Local Offer [website](#) page which details what is available across the county.

Illness

If your child is unwell prior to the activity, please do not send them to our activities as this can have an impact on the health our staff and other children. If our staff become unwell we may have to cancel another activity. If you wouldn't send them to school then please keep them at home and let us know!

Regrettably The Mish is no longer available for hire during school holidays but we have tried to offer alternatives. We are also **only** providing a minibus option for Horse-riding and Farmer Gows.

Activity	Booking Fee
<p>Thursday 23rd July 2015 10am - 2:30pm ⓘ 8-12 Year olds ONLY NEW VENUE Video games, DVDs, games & Internet at Bicester Early Intervention Hub, The Courtyard Youth Arts Centre, Launton Road, Bicester, OX26 6D Bring your own game console, games, DVD to play and/or share with others. NOTE: ALL Certificate 15 and 18 games are prohibited!</p> 	<p>£15 per child Bring packed lunch</p>
<p>Friday 24th July 2015 11am – 1pm ⓘ 8-12 year olds ONLY Laser Storm - Darcy Bear, Black Bourton Road, Carterton, OX18 3EZ Laser Party with lunch (chips & either sausages, nuggets or fish fingers) NOTE: Helmets are provided and MUST be worn. Socks MUST be worn too.</p>	<p>£12 per child Lunch provided</p>
<p>Monday 27th July 2015 10am -2:30pm ⓘ 8-12 year olds ONLY NEW ACTIVITY Techno Ninjas - Blessed George Napier School (Learning Resource Centre) Addison Road, Banbury, OX16 9DG Fun and instructional activities based around programming, games, MakeyMakey and other technologies</p> 	<p>£20 Bring a packed lunch</p>
<p>Tuesday 28th July 2015 10am 1pm OR 12:30pm– 3:20pm ⓘ 13-18 year olds ONLY NEW Half days! Quad Bikes at TRAX, nr Pear Tree Park & Ride, Oxford A half day of Quad Bikes and lunch – <i>likely to be</i> pizza, jacket potatoes or burgers (TBC).</p>	<p>£15 per child lunch included – or bring own lunch if required</p>
<p>Monday 3rd August 2015 11:30am - 2:30pm Family Rowing and Picnic at The Riverside Centre, Donnington Bridge, Oxford, OX4 4AZ Families are invited to bring a picnic and row/canoe. Very stable boats, coaches, life jackets & instruction provided. Note: Parents MUST accompany & be responsible for their children at this event - participation is optional! Bring lunch, towel, change of clothes (just in case!)</p> 	<p>£15 per family</p>
<p>Wednesday 5th August 10am - 3pm ⓘ 13-18 year olds ONLY Video games, DVDs, games & Internet at Abingdon Early Intervention Hub, The Net Young People's Centre, Stratton Way, Abingdon, OX14 3RG Bring your own game console, games, DVD, to play and/or share with others. Table football, pool table, board games. ALL Certificate 18 games are prohibited; some certificate 15 games may be prohibited</p>	<p>£15 per child Bring packed lunch or money for Greggs</p>
<p>Thursday 6th August 10am - 2:30pm ⓘ 8-12 Year olds ONLY  Video games, DVDs, games & Internet at Abingdon Early Intervention Hub, The Net Young People's Centre, Stratton Way, Abingdon, OX14 3RG Bring your own game console, games, DVD to play and/or share with others. Table football, pool table, board games etc. NOTE: Certificate 15 and 18 games are prohibited!</p>	<p>£15 per child Bring packed lunch or money for Greggs</p>
<p>Friday 7th August 2015 <i>This is likely to be overbooked so only <u>one</u> horse riding session will be offered.</i> Horse Riding Activity Day at Horsewyse, Westfield Farm, Westfield Road, Long Crendon A wonderful 'horsey' day including horse riding, horse grooming, nature walks, water pistol shooting, and drawing – depending on weather. NOTE: This is an outdoor activity and may involve getting muddy and wet. Appropriate clothing must be worn and sturdy trainers/boots. Helmets will be provided and MUST be worn. EITHER Drop off / collect your child at. Horsewyse: Arrive: 10am / Collect: 3pm OR Transport is provided from/back to Wolvercote Young Peoples Centre, St Peters Road, Wolvercote, Oxford, OX2 8AU: Drop off: 9am / Collect: 3:45pm Please arrive on time – the bus will leave promptly!</p> 	<p>£20 per child or £28 with transport Bring packed lunch</p>

<p>Monday 10th August 2015 8-12 year olds ONLY Farmer Gow's at Fernham Road, Longcot, nr Faringdon, SN7 7PR Fun at the farm feeding chickens, pigs and goats, collecting eggs and a tractor trailer ride - all depending on weather and availability. NOTE: This is an outdoor activity and will involve getting muddy, and dirty hands. Warm clothing and wellington boots must be worn, wellies can be provided if necessary (limited sizes). EITHER Drop off / collect your child at Farmer Gow's: Arrive: 10am / Collect: 1:30pm OR Transport is provided from/back to Wolvercote Young Peoples Centre, St Peters Road, Wolvercote, Oxford, OX2 8A: Drop off: 9am/ Collect: 2:15pm Please arrive on time – the bus will leave promptly!</p>	<p>£12 per child or £20 with transport</p> <p>Bring packed lunch</p>  
<p>Wednesday 12th August 2015 10am - 3pm 13-18 year olds ONLY Video games, DVDs, games & Internet at Abingdon Early Intervention Hub, The Net Young People's Centre, Stratton Way, Abingdon, OX14 3RG Bring your own game console, games, DVD, to play and/or share with others. Table football, pool table, board games. ALL Certificate 18 games are prohibited; some certificate 15 games may be prohibited</p>	<p>£15 per child</p> <p>Bring packed lunch or money for Greggs</p> 
<p>Thursday 13th August 2015 10am - 2:30pm 8-12 Year olds ONLY Video games, DVDs, games & Internet at Abingdon Early Intervention Hub, The Net Young People's Centre, Stratton Way, Abingdon, OX14 3RG Bring your own game console, games, DVD to play and/or share with others. Table football, pool table, board games etc. NOTE: Certificate 15 and 18 games are prohibited!</p>	<p>£15 per child</p> <p>Bring packed lunch or money for Greggs</p> 
<p>Monday 17th August 2015 11:30am-2:30pm Family Rowing and Picnic at The Riverside Centre, Donnington Bridge, Oxford, OX4 4AZ Families are invited to bring a picnic and row/canoe. Very stable boats, coaches, life jackets & instruction provided. Note: Parents MUST accompany & be responsible for their children at this event - participation is optional! Bring lunch, towel, change of clothes (just in case!)</p>	<p>£15 per family</p> 
<p>Wednesday 19th August 2015 9:45am -12:45pm 13-18 year olds ONLY Outdoor Laser Tag at Furze Brake Woodland, Lockwood Farm, Culham No1 site, Station Road, Culham, Oxford, OX14 3DA Laser tag followed by lunch. NOTE: a cap is provided and must be worn (holds laser sensor).</p>	<p>£15 per child Bring a packed lunch</p>
<p>Friday 21st August 2015 Horse Riding Activity Day at Horsewyse, Westfield Farm, Westfield Road, Long Crendon A wonderful 'horsey' day including horse riding, horse grooming, nature walks, water pistol shooting, and drawing – depending on weather. NOTE: This is an outdoor activity and may involve getting muddy and wet. Appropriate clothing must be worn and sturdy trainers/boots. Helmets will be provided and MUST be worn. EITHER Drop off / collect your child at. Horsewyse: Arrive: 10am / Collect: 3pm OR Transport is provided from/back to Wolvercote Young Peoples Centre, St Peters Road, Wolvercote, Oxford, OX2 8AU: Drop off: 9am / Collect: 3:45pm Please arrive on time – the bus will leave promptly!</p>	<p>£20 per child or £28 with transport Bring packed lunch</p> 
<p>Wednesday 26th August 2015 10 am – 3pm 13-18 year olds ONLY Football Coaching at Wallingford School, St Georges Road, Wallingford OX10 8HH Please wear trainers – NOT FOOTBALL BOOTS as we will be playing on 3G Football Pitch (Astro turf)</p>	<p>£17.50 per child Bring a packed lunch and water bottle</p>
<p>Friday 28th August 2015 11am – 1pm 8-12 year olds ONLY Laser Storm - Darcy Bear, Black Bourton Road, Carterton, OX18 3EZ Laser Party with lunch (chips & either sausages, nuggets or fish fingers) NOTE: Helmets are provided and MUST be worn. Socks MUST be worn too.</p>	<p>£12 per child Lunch provided</p>

Events

In partnership with  we are pleased to announce

FREE Yoga classes

for people on the autism spectrum aged 14 and over
and/or parents and carers

Under 18s and individuals who require support must be accompanied
by a responsible parent/carer

Six consecutive Saturdays

4th, 11th, 18th, 25th July and 1st, 8th August

3pm - 4pm

Turl Street Kitchen, 16 Turl Street, Oxford, OX1 3DH

Oxford town centre. Please note: there is no on-site parking

Yoga mats are provided. No yoga experience is necessary. Fun and relaxed style of yoga. Yoga is generally good for your health. This is a great opportunity to try it and see what you think.

For bookings and enquiries

Please email Anne, the yoga teacher, and let her know your

Name, telephone number, the dates you want to attend, **names of any other people attending with you**, and **if you or others in your group are on the autism spectrum:**

Email: anne@yogaquota.com

Forthcoming Events

Artists, creative and techie people wanted!

We are already planning for **World Autism Awareness Day 2016!** We hope to hold several events celebrating people on the autism spectrum. We are keen to involve arts and crafts work by people on the spectrum as well as workshops led by people on the spectrum. So if you or someone you know fits the below please contact us:

- We are looking for artists to display and sell work at an **Art Exhibition** in a gallery in Oxford– including paintings, drawings, manga and comic art, sculpture and jewellery.
- We would like to run workshops and would like to hear from people on the spectrum who could lead or help lead a workshop. Possible workshops **drumming, trampolining, music, photography, gaming and technology.**
- We would like to hold social events focused on common interests, such as **sensory play; cartoons** (e.g. Thomas the Tank Engine!, My Little Pony); **gaming** (e.g. Mine Craft!); **comics** etc - please **let us know what would interest you!**

Please contact us if you or someone you know would like to get involved – or have ideas, or could help organise the events. Contact: info@afso.org.uk Tel: 01844 338696

- **Challenging Behaviour Course** - back by popular demand in the autumn
- **October Half Term Activities**

Details will be sent by email nearer the time – so watch you Inbox!

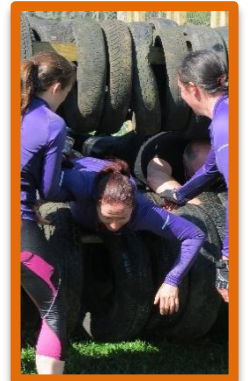
So far in 2015 we have received **127 NEW** referrals as well as requests for help from families already known to us. We want to continue to help, and provide **MORE** but we need your support!

Fundraising

Well done & Thank You to...



Tina Conley raised a fantastic **£500** running the Monster Race in April!! Tina, whose daughter attends our youth group, wanted to thank us for the support her family has received – and chose the very wet and muddy Monster Race to fundraise. Well done and thank you Tina! We shall use the funds to contribute towards running our youth groups.



Casino & Cocktails
Black Tie Fundraiser
30 May 2015 19:30 - Midnight

Jo Leitch, parent of 9 year old Lily with autism organised a Casio and Cocktails night, raising funds for us and two other charities. The evening was a fabulous night out and included a silent auction, free 'casino', cocktail bar, hog roast and swing band! Funds are still being collected but the total so far is a whopping **£3000!**

Well done Jo for working tirelessly and organising a great event in your local community!

Could you help raise much needed funds?

We welcome your ideas, if you have any suggestions please do contact Gita Lobo on Email: gita@afso.org.uk or call 07929 379125 / 01844 338696.

Here's some ideas to get you thinking:

- ★ nominating us as your company's charity of the year
- ★ a sponsored event
- ★ collecting donations instead of gifts/flowers at special occasions (e.g. birthdays, weddings, and funerals)
- ★ regular giving by standing order
- ★ mufti days
- ★ leave a Legacy gift in your will
- ★ sell on eBay or at auction for us
- ★ ... or contact us to discuss your idea!



Don't know what you want for your birthday?
How about asking for donations to Autism Family Support?

Other Activities in & around Oxfordshire

OASIS - Tel: 07900 144493 www.oasionline.org.uk Email: chair@oasionline.org.uk

Parent led support group that arranges family playdays during the school holidays for all children on the Autistic Spectrum & siblings. These are heavily subsidised but parents/carers must accompany children.

Thomley Activity Centre - Tel: 01844 338380 www.thomley.org.uk

Email: enquiries@thomley.org.uk Menmarsh Road, Worminghall HP18 9JZ.

Recreational facility on Oxon/Bucks border, for children & young people with disabilities, families & friends. Specialist equipment, workshops, art & crafts, outdoor play, bikes, swings, sensory room and activity days during the summer holidays.

OCC website has links in the Local offer to [Boombox](#) for 8-12 year olds to find suitable activities and [Oxcentric](#) for the 13-25 year olds for leisure activities.

Guideposts Trust - Tel: 01993 899980 / 07971 379566 Inclusive clubs supporting children with a range of disabilities aged 3-19 in Abingdon, Banbury, Sonning Common, Wheatley and Witney. Holiday clubs 5 days a week 9am-4pm. After school clubs (excluding Banbury). Youth clubs for 11-18 yr olds in Witney, Abingdon, Eynsham and Banbury. Booking required. All sessions are fully staffed.

Parasol - Tel: 01865 742816 Inclusive Play & Leisure in Oxford. Also provides Enablers – 1:1 staff to accompany children to other mainstream activities – contact Parasol for up-to-date details.

Barnardos -Tel: 01869 252905. Play schemes, youth groups and trips across Oxfordshire. Ages 5-18.

Lets Play Project - Tel: 01295 263694 www.letsplaybanbury.org Activities based in Banbury area for 5-19 year olds and siblings from Oxfordshire.

Yellow Submarine - Tel: 01865 236119 www.yellowsubmarine.org.uk

Day trips and activity days in the Oxford and Witney area for 11-18 yr olds from Oxfordshire during school holidays.

Southmoor Children's Centre - holiday group for children with additional needs at the children's centre, Laurel Drive, Southmoor, OX12 5DJ. Play activities, supported by the centre's SENCO worker, giving parents the opportunity to meet and chat. Contact Lorraine Hurdley, Tel: 01865 820751 Email: Lhurdley@spurgeons.org

OXS RAD - Tel: 01865 741 336 Email: info@oxsrad.org www.oxsrad.org

Address: Court Place Farm, Marsh Lane, Marston, Oxford OX3 0NQ. Integrated Sports & Leisure Centre. Recreational and leisure activities accessible to all. Gym, Sensory Room, Trampolining.

The Music Club -held at Crowmarsh Village Hall, Benson Lane, Crowmarsh. OX10 8ED. Children aged 0–19 years, siblings & carers. Music workshops, fun days. First Monday in the month (except bank holidays) and school holidays. They also have summer events, contact them for more details. Tel: 07768 298297 / 0118 9722322 Email: info@music4disabledchildren.org.uk www.music4disabledchildren.org.uk

Camp Mohawk - Camp Mohawk, Highfield Lane, Crazies Hill, Wargrave, RG10 8PU. Tel: 0118 9404045 Email:

info@campmohawk.org.uk www.campmohawk.org.uk "Drop in" and "Book in" Family Days available, details coming soon on their website

Special Needs Tennis -Shrivenham Tennis Club, SN6 8BL. Contact: Chris Hand, Tel: 079704817075 Email: cd.hand@yahoo.co.uk

Autism-Friendly Cinema- Dimensions offers Autism Friendly Film screenings in partnership with ODEON, Vue, Showcase and Cineworld cinemas. Details are available at their website: www.dimensions-uk.org/what-we-do/autism-care/autism-friendly-films/ where you can join their mailing list for information and dates of screenings. The Regal Picturehouse, Henley-on-Thames also has film screenings especially for people with autism and their families. Email: regal@picturehouses.co.uk Tel: 0871 704 2064

Spectrum Girls - SOCIAL GROUP FOR GIRLS WITH AS/HFA

Covering the Home Counties area. Contact Lesley on 0771 4483485 or Email: spectrumgirls@sky.com

National – Residential Camps -Doit4real run mainstream camps for young people. We have had good feedback from families who booked their child on the Autism Spectrum and/or siblings. See www.doit4real.co.uk

Disclaimer: While we share and forward information we do not accept responsibility for the accuracy and credibility of information or actions of third party organisations or individuals. We strongly advise you make further enquiries with third party organisations. We endeavour that all information provided is accurate, impartial and unbiased, however, we cannot accept liability for any loss whatsoever caused as a result of inaccuracy of this information. No responsibility is accepted for any loss or damage caused by information contained in this newsletter.

.....Don't let our emails get stuck in your spam folder!

Save our address!

Please SAVE our new email addresses: info@afso.org.uk and judith@afso.org.uk

Join our mailing list

If you have not already joined our email mailing list – we recommend you join now! And be among the first to hear about courses and events.

If you are new to us please **complete a Referral Form first**, available on our website www.afso.org.uk or contact us on Email: info@afso.org.uk ☎ 01844 338696

Mailing List

We send weekly emails with news of services, events and training courses. **Email is our preferred form of communication.**

We also have a **monthly adult newsletter** sent by email (only) aimed at our **18-25 year old young people**. If you, or they, would like to be added to either or both of these lists, please email us the details.

Have your contact details CHANGED?

Please email us at info@afso.org.uk with details of the changes OR write to us at the address below.

Would you prefer our Holiday Activities Newsletters sent by post?

Please let us know by emailing info@afso.org.uk OR write to us at the address below. Please note we cannot send our weekly or monthly newsletters by post, so you will miss some information about some events.

Contact Us

www.afso.org.uk



Autism Family Support – Oxfordshire



@autismAFS

Autism Family Support
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